

Five Islands Academy
Carn Gwaval
St Mary's
Isles of Scilly
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Equity, Excellence, Evolution

*The Five Islands Academy is an all-age, multi-site, Church of England Academy,
serving the island communities of Bryher, St Agnes, St Martin's, St Mary's and Treasco.
It is part of the Leading Edge Academies Partnership.*

Thursday 11th September 2025

Forest School 2025/6

Dear Parents and Carers

I am excited to be facilitating some more Forest School sessions for our primary students this year! During the sessions participants will have the opportunity to enjoy spending time in nature whilst learning about local flora and fauna, using hand tools and trying out some bushcraft skills.

Sessions are currently timetabled as:

- Tuesday morning, year 1 & 2
- Tuesday afternoon, year 3
- Wednesday afternoon, year 5 (session facilitated by Layan and Miss Liston)
- Thursday morning, year 6
- Thursday afternoon, year 4

Forest School will predominantly be held up at our beautiful Parachute Classroom, but may occasionally take place elsewhere on the school site, for example if there are high winds or we are not prepared for the weather as a group.

To help us get up to the Parachute Classroom and enjoy ourselves, please could you provide your child with appropriate clothing on their Forest School day. It would be great if they could wear/bring, long trousers (to avoid brambles and insect bites- please see tick information overleaf), waterproofs and shoes they can get dirty. On this note, if you have wet weather gear that no longer fits your child(ren) but is still in good condition, I would be very appreciative of a few donated spares that I can keep on site for when kit is forgotten.

All aboard! Navigating together

www.fiveislands.scilly.sch.uk

The benefits of Forest School are increasingly well documented, including; building self confidence and resilience, improved fine and gross motor skills, a better understanding of the natural world and a desire to live more sustainably. Throughout our sessions I hope all participants have lots of fun!

Yours faithfully

Sarah Anderton
Forest School Leader

Tick information

Important Facts:

- Ticks can be found anywhere where there is dense vegetation.
- After being in a wild space, please check your child(ren) thoroughly for ticks, paying attention to the hairline and folds in the skin such as behind knees and in armpits.
- If you discover a tick, follow the instructions below to remove it.

Removal of Ticks:

- Use fine tipped tweezers to grasp the tick by its mouth parts, as close to the skin as possible.
- Steadily pull the tick outwards without jerking or twisting, as if you were plucking a hair.
- Never squeeze the tick's body, burn, freeze, or smother it in petroleum jelly, spirits or oils.
- Bacterial infections can occasionally be passed on. Please make it a priority to visit a doctor if your child develops a bulls-eye shaped rash or flu-like symptoms.