

Week beginning 2nd December

Monday

Main

Pasta Bolognese

Celery, Gluten, Milk, GF Option Available, DF Option Available

Lentil Bolognese

Celery, Gluten, Milk, DF Option Available

Sweetcorn, Green Beans, Broccoli

Pudding

Chocolate Oat Bar

Gluten, Milk

Fruit Chunks

Wednesday

Main

Roast Pork, Yorkshire Pudding & Gravy

Celery, Gluten, Egg, Milk, GF Option Available, DF Option Available

Cheesy Pasta

Celery, Gluten, Milk, Mustard, DF Option Available

Carrots, Mashed Swede, Vegetable Bake, Cabbage & Roast Potatoes

Pudding

Chocolate Iced Sponge

Gluten, Egg, Milk

Friday

Main

Sausages & Gravy

Celery, Gluten, Sulphites, GF Option Available

Vegetable Sausages

Celery, Gluten

Peas, Sweetcorn, Baked Beans, Creamed potatoes

Pudding

Chocolate Krispie

Milk

Fruit Chunks

Tuesday

Main

Chicken Wraps

Gluten, GF Option Available

Five Bean or Cheese Wraps

Gluten, Milk

Peas, Sweetcorn, Baked Beans, Potato Wedges, Coleslaw

Pudding

Creme Caramel

Egg, Milk

Peppermint Square

Gluten, Milk

Thursday

Main

Chicken Pie & Gravy

Celery, Gluten, GF Option Available

Chickpea Curry

Celery, Milk, DF Option Available

Broccoli, Cauliflower, Carrots, Creamed potatoes

Pudding

Vanilla Sponge

Gluten, Egg, Milk

If you have any dietary requirements, please notify enquiries@fiveislands.org or contact reception on 01720 424850

Fresh fruit or yogurt (contains milk) is available as an alternative dessert & wholemeal bread (contains wheat) available each day.