

Week beginning 9th September

## Monday

### Main

Fish Fingers

Gluten, Fish, GF Option Available

Breaded Cheese Sticks

Gluten, Milk

Baked Beans, Creamed potatoes

### Pudding

Orange Sponge

Gluten, Egg, Milk

## Tuesday

### Main

Tomato Pasta

Celery, Gluten, Milk, GF Option Available, DF Option Available

Sweetcorn

### Pudding

Chocolate Krispie

Milk

## Wednesday

### Main

Sausages

Celery, Gluten, Sulphites, GF Option Available, V Option Available

Creamed Potatoes, Baked Beans

### Pudding

Vanilla Sponge

Gluten, Egg, Milk

## Thursday

### Main

Pizza

Celery, Gluten, Milk, GF Option Available, DF Option Available

Sweetcorn, Potato Wedges, Coleslaw

### Pudding

Chocolate Brownie

Gluten, Egg, Milk, Sulphites

## Friday

### Main

Cheese Whirls

Gluten, Milk, DF Option Available

GF Option Sausage Roll

Mustard, Sulphites

Baked Beans

### Pudding

Lemon Sponge

Gluten, Egg, Milk

If you have any dietary requirements, please notify [enquiries@fiveislands.org](mailto:enquiries@fiveislands.org) or contact reception on 01720 424850

Fresh fruit or yogurt (contains milk) is available as an alternative dessert & wholemeal bread (contains wheat) available each day.