

Week beginning 29th April

## Monday

### Main

Chicken Goujons

Gluten, Milk, GF Option Available, DF Option Available

Cheese & Onion Quiche

Gluten, Egg, Milk, DF Option Available

Sweetcorn, Green Beans, Baked Beans, Creamed potatoes

### Pudding

Orange Sponge

Gluten, Egg, Milk

## Wednesday

### Main

Roast Pork, Yorkshire Pudding & Gravy

Celery, Gluten, Egg, Milk, GF Option Available, DF Option Available

Cheesy Pasta

Celery, Gluten, Milk, Mustard, DF Option Available

Carrots, Mashed Swede, Vegetable Bake, Cabbage & Roast Potatoes

### Pudding

Jelly & Ice Cream

Milk

## Friday

### Main

Beef Bourguignon

Celery

Cheese Whirls

Gluten, Milk

Peas, Sweetcorn, Baked Beans, Creamed potatoes

### Pudding

Chocolate Brownie

Gluten, Egg, Milk, Sulphites

## Tuesday

### Main

Sausages

Celery, Gluten, Sulphites, GF Option Available

Vegetable Sausages

Celery, Gluten

Peas, Broccoli, Baked Beans, Creamed potatoes

### Pudding

Banoffee Pie

Gluten, Milk

Chocolate Oaty Biscuits

Gluten, Milk

## Thursday

### Main

Chicken Pie

Celery, Gluten, GF Option Available

Chickpea Curry & Rice

Celery, Milk, DF Option Available

Broccoli, Cauliflower, Carrots, Creamed potatoes

### Pudding

Fruit Crumble & Custard

Gluten, Egg, Milk

If you have any dietary requirements, please notify [enquiries@fiveislands.org](mailto:enquiries@fiveislands.org) or contact reception on 01720 424850

Fresh fruit or yogurt (contains milk) is available as an alternative dessert & wholemeal bread (contains wheat) available each day.